



EFFECTIVE HEALTH CHECKS OF NON-COMMUNICABLE DISEASES

Effective Health Checks on Non communicable diseases refers to the many practices needed to give the right information to the general public about the issues of the diseases which are no- communicable. The prime purpose of the course is to enlighten and introduce participants on the impact of non-communicable diseases to the general public.

Learning Objectives

- Understand the meaning of non- communicable diseases
- Appreciate the causes of non-communicable diseases
- Gain knowledge as to what the government is doing to prevent NCD
- Understand the role of the individual in preventing the non-communicable diseases
- Describe the right environment to make people work effectively through exercises

Who should attend?

Food handlers, Restaurant managers, General staff in hotels , Butchery staff, Food hygiene consultants, Government and Private Sector employees, Mining and General staff.

Modes of delivery

The module shall be delivered by way of:

- Lectures
- Demonstrations
- Group presentations
- Case studies
- Assignments

Each training group will have their training resources tailor made to meet their specific training requirements. The delivery method will be adjusted accordingly.